

ST. AGNES EDUCATION CAFÉ

Small Talks on Big Topics

The Struggle to Find Meaning in Suffering

Wrestling to Understand Purpose in the Pain

Presented by Fr. Christopher Tracey

Chaplain to Hospitals, Prisons, & Palliative Centres, Diocese of Hamilton

About the Event

There's no doubt about it, life can be hard! Heavy burdens may be overwhelming, creating feelings of distress – illness, losing a loved one, unresolved guilt... or even fear about world events. Whatever the pain or sorrow, the experience of suffering may have us wrestling with that common question: Why would God allow this suffering? Once again, these “storms” invite us into that place of trust & confidence: trust that sometimes God allows a suffering to bring about a good that we cannot see, and confidence that “in all things God works for good”.

From the Book of Job to the lives of the Saints, we learn how through pain, sorrow & suffering we can come closer to Jesus & his promise of peace.

“Pain & suffering will come into your life, but remember pain, sorrow & suffering are but the kiss of Jesus – a sign you have come very close to Him” – St. Teresa of Calcutta

“Strive to preserve your heart in peace; let no event of this world disturb it. The endurance of darkness is the preparation for great light” – St. John of the Cross

Sunday November 12th

St. Agnes Parish • 2:00 – 3:30 pm

75 Bluevale St N, Waterloo • 45 minute talk + Q&A and Refreshments • Complimentary

See all upcoming events at saintagnescatholicchurch.org/events